



Cedric Carrington

Colonel (Retired), United States Army

Colonel Cedric Carrington retired from the Army after nearly 29 years of service, including five combat tours. A native of Tampa, FL, he graduated from Florida A&M University, receiving a Bachelor of Science in Political Science. In 1994, he received a Distinguished Military Graduate commission in the United States Army Infantry.



COL Carrington's initial assignment was with the 2nd Infantry Division, Korea, where he served as a Heavy Weapons Platoon Leader and Company Executive Officer. He next served as a Rifle Platoon Leader and Company Executive Officer in the 3rd US Infantry Regiment (The Old Guard) at Fort Myer, VA. In 1998 he was selected to serve as Aide-de-Camp to the First Army Deputy Commander at Fort Meade, MD.

Carrington next served in North Carolina, NC, where he was assigned to the 82nd Airborne Division. He initially served as commander of the Division's Assault Command Post, and in September 2000, Carrington was reassigned to the 504th Parachute Infantry Regiment, where he served as the Brigade Training Officer. Carrington next assumed command of Alpha Company, 1st Battalion, 504th Parachute Infantry Regiment, and deployed to Afghanistan. In May 2003, Carrington was reassigned to Human Resources Command (HRC) in Alexandria, VA, in the Department of the Army Secretariat. In June 2004, he was again selected to serve as Aide-de-Camp, this time to the HRC Commanding General.

In 2006, he returned to the 82nd Airborne Division, serving as the Operations Officer for the 3rd Squadron, 73d Cavalry Regiment, and deployed to Iraq. After 14 years of serving in Conventional and Airborne units, Carrington transitioned to Special Operations. In 2008, he was assigned to the 75th Ranger Regiment and deployed again to Afghanistan. In September 2010, Carrington assumed command of the 1st Battalion, 508th Parachute Infantry Regiment, and successfully deployed to Afghanistan. Following Battalion Command, he was reassigned to United States Special Operations Command (USSOCOM) as the J35 Future Operations & Plans Branch Chief. His Special Operations functional expertise was in increasing partner capacity through global equipping and training, while his regional focus was on Transnational Terrorism in Africa, Europe, and the Middle East. In 2015, Carrington deployed for a fourth time to Afghanistan and served as the Deputy Commander of NATO's multinational Train, Advise, and Assist Command in Mazar-e-Sharif. Following his deployment, he was assigned to the U.S. Army War College.

Carrington's operational deployments include multiple combat deployments to Afghanistan and Iraq as Company Commander, Special Operations Officer, Battalion Commander, and NATO Deputy Commander. Carrington's civilian education includes a Bachelor's degree in Political Science and two Master's degrees in Military Studies and Strategic Studies. His military education includes the U.S. Army War College, U.S. Marine Corps Command and Staff College, Combined Arms Services and Staff School, Infantry Officer Basic, Advanced and Pre-Command Courses, Airborne, Jumpmaster, and Ranger schools.

Carrington has had the honor of serving Soldiers at every level, from platoon to battalion, and since 2001 has led companies and battalions, special operations and conventional, to five combat tours in Afghanistan and Iraq with over 40 months in combat. He has served with the 75th Rangers, 82nd Airborne, and 2nd Infantry Division. In 2012, his battalion successfully defeated a Taliban resurgence in Kandahar. In 2015, as the NATO Deputy Commander in Northern Afghanistan, his efforts to increase the Afghan Security Forces' capacity to defeat Al Qaeda, Taliban, and ISIS anti-governmental factions warranted his reception of US, NATO, and German deployment service commendations. Carrington has been awarded the Bronze Star Medal three times for his actions in combat.

He is authorized to wear the Expert and Combat Infantryman's Badges, the Ranger Tab, the Master Parachutist Badge, and the Irish, British, Chilean, and Netherlands Parachute Badges. His awards and decorations include the Bronze Star Medal, Defense Meritorious Service Medal, Joint Commendation Medal, Iraq and Afghanistan Campaign Medals, Korea Defense Service Medal, German Armed Forces Bronze Medal, Republic of Poland's Silver Army Medal, and the Order of Saint Maurice Centurion Medal.

Carrington is a life member of several organizations, including the FAMU National Alumni Association; FAMU Marching 100 Association; National Infantryman Association; The ROCKs Inc, 555th (Triple Nickel) Airborne Association; Knights of Peter Claver (Herbert D. Carrington Council #379); and Kappa Alpha Psi Fraternity, Inc. In 2008, he received the Bobby B. Burke National Service Award for his career-long professional development and mentorship. In 2015, he was named a 508th Parachute Infantry Regiment's Distinguished Member for his performance in combat. Most recently, he was designated as a Distinguished Alumni of Florida A&M University, inducted into Hillsborough High School's Alumni Hall of Fame, and included on Edison Elementary's Legacy Wall in Tampa. He is married to Davina Carrington (retired Lieutenant Colonel) of Colonial Beach, VA.